

Occupational Videos on the Internet

A major source of Canadian occupational information on the Internet is provided by the National Occupational Classification (NOC) and the Career Handbook. While these sources provide invaluable occupational information, it is sometimes difficult for vocational evaluators and their clients to visualize the specific tasks and work environment of a job. As the saying goes, 'a picture is worth a thousand words' and I have found that a career video can give a better understanding of an occupation that words alone cannot provide. A good occupational video not only offers valuable information on the work environment of a job but also can give you a better idea of its physical demands. Such information is essential if you work with injured clients who cannot return to their previous employment. There are several web sites offering short occupational videos that can help you or your client decide if a job is well suited or not.

Here is a short list of Canadian websites you may wish to consult:

- <http://www.alis.gov.ab.ca/ce/cp/oi/video/video.html> (the Alberta Learning Information Service produced this series of short occupational videos that can be selected by keyword/phrase or categories).
- http://www.ilc.org/cfm/CM/Careers/cm_career_list.cfm?letter=A&type=alpha (Career Matters' website offers some occupational videos arranged alphabetically. Just click on an occupation that has a video icon).
- <http://www.vector.cfee.org/english/explorevideo.php> (Vector's website offers a career video library of over 100 careers that can be explored by industry, income, education, etc. Just click on the guest button to access the web site features. Videos are downloaded onto your computer for later viewing. This sidesteps any difficulties your computer may have with video streaming).
- <http://www.nextsteps.org/video/> (Nextsteps is a Calgary website that provides downloadable career videos listed alphabetically).
- <http://www.careervideos.com/> (career videos.com provides over 600 career videos on its website and are available through streaming).
- <http://canadacareersjobs.itheadhunter.ca/JS/CareerResources/CareerVideos/> (Career Canada Jobs provides an extensive list of career videos available through streaming).

Here is a short list of American websites you may also wish to consult:

- <http://www.careervoyages.gov/careervideos-main.cfm> (this American website provides a list of downloadable career videos organized by sector. This site features a list of in-demand occupations within each sector).

- http://www.acinet.org/videos/COS_videos_by_cluster.asp?id=,27&nodeid=28 (Career One Stop provides over 550 career videos organized in 16 clusters. Skills and abilities videos as well as industry videos are also available).
- http://web1.dol.state.nj.us/coei/CareerVideos/careervideos_list.html (the state of New Jersey offers an extensive list of career videos arranged by sectors as well as videos focusing on specific abilities).

As it is often the case, you will likely get a better picture of an occupation by viewing videos from several sources. I hope you find these resources helpful to you and your clients.

Sincerely,

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